



**VICDA Voluntourism Trip: Kenya**  
**August 3-9, 2013**  
**(Plus an optional safari from August 9-13)**

This unique opportunity asks participants to give of their time and energy to help the less fortunate while experiencing Kenya's rich beauty and culture! In addition to experiencing the beauty and wildlife of Kenya, participants on the Voluntourism trip will fund and volunteer at a Medical Camp for more than 3,000 IDP residents at the Giwa Farm IDP Camp. This trip is designed for travelers who would like to make an impact and see the country but have a limited vacation allowance. This is also a great opportunity for families with children to see and learn a bit about another part of the world.

**Voluntourism Itinerary:**

- Saturday, 3 August: Arrive at Jomo Kenyatta International Airport in Nairobi where you will be met by VICDA staff and transported to the hotel for a much needed sleep. *Included: Hotel accommodation*
- Sunday, 4 August: After breakfast at the hotel, we will encounter wildlife with visits to the Giraffe Center and the Sheldrick Elephant Orphanage and a tour of the Kazuri Bead Factory. This is followed by a lovely garden lunch at the Karen Blixen House (where Out of Africa was filmed) and a trip to the Maasai Market at Yaya Center. After an afternoon rest at the hotel we will head to the award winning Carnivore Restaurant for dinner. *Included: Hotel accommodation, entrance fees, three meals*
- Monday, 5 August: After breakfast and a brief orientation at the hotel we will leave for the Rift Valley! On the way we will stop for a photo-op at a scenic overlook, an authentic Kenyan lunch and a visit at Pipeline IDP Camp. We will arrive at Giwa Farm just before nightfall for dinner and overnight in luxury safari tents. *Included: Luxury camp accommodation, three meals*
- Tuesday, 6 August: Today is a day for getting to know the camp and its residents. All meals will be taken at the camp and we will spend the day planning for the Medical Camp as well as organizing games and fun for some of the younger residents. *Included: Luxury camp accommodation, three meals*
- Wednesday, 7 August: Today is day one of the Medical Camp that your donations have made possible! As you will see, it will be very widely attended. We will spend the day helping with registration, organizing activities for the younger residents and assisting with the Medical Camp as needed. *Included: Luxury camp accommodation, three meals*
- Thursday, 8 August: The Medical Camp continues today! We will assist with the Camp as well as organize games and sports for younger residents. *Included: Luxury camp accommodation, three meals*
- Friday, 9 August: After breakfast at the camp we say our goodbyes to the Giwa residents. On our way back to Nairobi we will stop for a few hours at the Lake Nakuru National Park for a game drive. This park is known for its flamingos and it's not uncommon to see rhino, big cats and zebra as well! The game drive will be followed by a late lunch in Nakuru town after which we will drive back to Nairobi. We will stop at Java House for a goodbye dinner (not included) and then you will be dropped at the airport (unless otherwise arranged.) *Included: Game drive, breakfast, lunch and transport*

Participants who are able to raise an additional \$2,000 toward the medical camp and other projects at Giwa Farm are now invited to continue their Kenyan adventure! The itinerary for these participants is outlined below:

- Friday, 9 August: (Continued) After lunch we will check into the hotel in Nakuru and you will have time to do laundry, check email and rest. We will have dinner at the hotel and spend the night. Included: *Game drive, three meals, hotel accommodation*
- Saturday, 10 August: After breakfast at the hotel we will set out for Hell's Gate National Park and a day of adventure! Hell's Gate is the only park where guests may rent a bike to ride through the park and get a close look at the wildlife. You may either rent a bike (not included) or see the park from the comfort of the vehicle – it's up to you! Be sure to also take a hike through the Gorge (not included.) Picnic lunches will be provided in the morning and we will eat dinner and overnight at the hotel. Included: *Park entrance fee, three meals, hotel accommodation*
- Sunday, 11 August: After an early breakfast at the hotel we set out for the world famous Maasai Mara National Park! We will stop for lunch along the way and arrive in time for an afternoon game drive. Dinner and overnight at the Safari Camp. Included: *Three meals, park entrance fee, luxury camp overnight*
- Monday, 12 August: After breakfast at the Camp be sure to have your camera and sunscreen ready as we head out on an all day game drive! Be on the look out for the "Big Five" as they can all be seen in this one park! We will stop for a picnic lunch and return to the camp for dinner and overnight. Included: *Three meals, entrance fee, luxury camp overnight*
- Tuesday, 13 August: Rise and shine, before breakfast we will head out to a sunrise game drive. This is a fantastic time to see the animals. You may also experience the park from an air balloon (not included.) After breakfast and packing up we will head back to Nairobi, stopping for lunch along the way. Back in Nairobi we will stop at Java House for a goodbye dinner (not included) and then you will be dropped at the airport (unless otherwise arranged.) Included: *Breakfast, lunch, park entrance fees, transport to airport*

#### Cost

- A \$2000 Voluntourism Trip Fee is inclusive of:
  - All accommodations for duration of the trip
  - Three meals a day (unless otherwise noted above)
  - Entrance to: Giraffe Center, Elephant Orphanage, Kazuri Bead Factory, Lake Nakuru National Park
  - All ground transport for duration of the trip
  - Coordination and office administration costs
  - A \$1,200 donation to the Medical Camp and other projects at the IDP Camp
- The fee is not inclusive of
  - Flight to Kenya
  - Travel insurance
  - Vaccinations
  - Shopping (either at Kazuri Bead Factory or Maasai Market)
  - Beverages, drinking water and snacks
  - Java House goodbye dinner
  - Gratuities

If you have any questions about the trip or if you would like to register for it, feel free to contact either Irene at the VICDA office in Kenya [ngatiarene@gmail.com](mailto:ngatiarene@gmail.com) or Jenn in the US [vicdajenn@gmail.com](mailto:vicdajenn@gmail.com)